



KICKS FROM THE PENALTY SPOT

Taking kicks from the penalty mark is a method of determining the winning team where competition rules require there to be a winning team after a game has been drawn.

Procedure:

- The referee chooses the goal at which the kicks will be taken
- The referee tosses a coin and the team whose captain wins the toss takes the first kick
- The referee keeps a record of the kicks being taken
- In principle each team takes five kicks, depending on the circumstances described hereafter
- The kicks are taken alternately
- The names and numbers of the players taking the kicks are announced to the referee by the captains of each team before the kicks from the penalty mark are taken and must be among those included on the list of twelve players submitted before the game
- If, after both teams have taken five kicks, both have scored the same number of goals or have not scored any goals, kicks continue to be taken in the same order, until one team has scored one goal more than the other from the same number of kicks
- The players who did not attempt any of the first five kicks take these additional kicks. After these have each taken a kick, the players who initiated the taking of kicks continue the penalty kicks
- Any player who has been sent off may not take part in the kicks from the penalty mark
- Any eligible player may change places with his goalkeeper
- Only the eligible players and game officials are permitted to remain on the playing court when kicks from the penalty mark are taken
- All players, except the player taking the kick and the two goalkeepers, must remain in the opposite half to that where the kicks are being taken. The second referee controls this area of the playing court and the players who are situated there
- The goalkeeper who is the team-mate of the kicker must remain on the playing court without interfering the progress of the play